



FINBOROUGH LADIES' NETBALL CLUB

We have exciting news of two Finborough Ladies' rising netball stars. Maddie Chenery (right) and Heidi Thornton (left) were selected to trial for the Saracens Mavericks under-15s. If selected, they will have the opportunity to train in Hertfordshire, playing in the National Schools Competition in September.

Finborough and Suffolk County Coach Donna Worship says:

"Heidi and Maddie work incredibly hard during their training at both club and county. I'm so glad their commitment has paid off, taking them both to the next steps of pathway performance. We would like to wish them the best of luck for the Saracens Mavericks trials later this month."



STOWMARKET CRICKET CLUB

Although the weather has recently been unkind to cricketers, the season began in spectacular fashion for two players. Michael Ives (pictured) created a new club record with 161 not out in a 1st XI win versus Mistley, and Stuart Lilley, the Sunday captain, was unbeaten on 115 in a successful run chase against BT Waldringfield.



At the time of writing, the 1st XI have won one and lost narrowly in another. The 2nd XI have won both matches and, after two narrow defeats, the Sunday XI have just recorded their first win. The T20 evening league fixtures begin soon.

A key feature of the 2nd XIs and Sunday XIs has been the mix of juniors who have come through the club's coaching system and experienced cricketers. The club's four junior team squads have been meeting at Chilton Field on Monday evenings for coaching from qualified coaches, and there is still room for more juniors, boys and girls, at U9, U11, U

13 and U15. The same is the case for new adult members, so if you've just moved into the area or feel that the summer has arrived, please get in touch.

We are always keen to welcome new members, male and female. Further information is available on our website and Facebook and Twitter.

You can also register your interest and be kept up to date via email by contacting Clive Witherly: on 01359 240019 / wigg51@btinternet.com

www.stowmarket.play-cricket.com / Facebook / Twitter

TO RUN OR NOT TO RUN?



This has been a common question over the last 16 months and for many of our members at Stowmarket Striders Running Club, it has been a physical and mental juggling act during this pandemic.

As captains, it is our duty to encourage and support members of the club in whatever their running endeavours might be. During this pandemic, we have tried our best to keep our members and friends active and engaged but have always been mindful of the fact that people have had their own challenges.

If we wind the clock back to 2018 and 2019, our members would have been preparing for events in East Anglia, other parts of the UK and around the world. They would also turn up for training sessions on a Tuesday and/or Thursday, get-together on social runs and even take part in winter cross country races.

Whether we live in a world of official or virtual events, we understand how important exercise has been for both our physical and mental wellbeing. Our ethos has always been about providing an all-inclusive environment where people can run and just have fun, whether this is a trail run at a casual pace or a quicker effort at one of our bigger events like the Tomlinson Half Marathon or Scenic 7 races.

With that in mind, the captains have put together a series of virtual events over the last 18 months to keep our members active and entertained. These included set distance events for seniors and juniors, a fun event based on bingo and a marathon challenge where runners ran 26.2 miles over six weeks. These challenges proved to be a well-timed boost for our members and helped to keep them motivated.

As restrictions ease, confidence also seems to be growing and our members are now getting back to running in real races again. For many, the pandemic has shown how much we miss the company of others and how important their energy and enthusiasm is to those around them. Being around others at an event gives you energy and a buzz that goes well beyond fitness. Then there's the cake!

www.stowmarketstrider.org.uk

CATHOLIC PARISH OF OUR LADY

Parish Priest: Father Simon Leworthy

The Presbytery, 29 Lockington Road, Stowmarket IP14 1BQ
01449 612946 / ourlady.stowmarket@btinternet.com

The church has reopened for public Mass with social distancing measures and under Covid-19 guidelines.

MASS TIMES

Saturday evening: 6pm

St Mary's C of E Church, Woolpit IP30 9QG

Sunday morning: 8.30am & 10.15am

Our Lady's Stricklands Road, Stowmarket IP14 1AW

Thursday morning: 10am

Our Lady's Stricklands Road, Stowmarket IP14 1AW

Face coverings must be worn, and a Track and Trace form filled in when attending Holy Mass. Stewards will be directing parishioners in church and we look forward to welcoming you all.

Weekday services in the parish are advertised at the front of Our Lady's Church, in the weekly newsletter and on the parish website.

www.ourladystowmarket.org.uk